

Water Babies*								Ages: 6 months - 23 months with an adult in the water							
Mon- Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
9a		6:00p		7:00p		5:30p		6:30p		5:00p		9:30a		10:00a	
Tiny Tots*								Ages: 2 - 3 years old with an adult in the water							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
9:30a		5:30p		6:30p		6:00p		7:00p		5:30p		9:00a		9:30a	
Preschool Safety Levels								Ages: 4 - 6 years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*		Preschool Safety 1*	
9a   9:30a   10a 11a   11:30a		3:30p   4:30p 5p   6p   6:30p		3:30p   5p   5:30p 6p   6:30p   7p		3:30p   4p   4:30p 5p   6p		3:30p 4p 5p 5:30p 6p   6:30p   7p		3:30p   4p   4:30p 5p   6p		9a   9:30a   10a 10:30a   11:00a		9:30a   10:30a 11:30a	
Preschool Safety 2		Preschool Safety 2		Preschool Safety 2		Preschool Safety 2		Preschool Safety 2		Preschool Safety 2		Preschool Safety 2		Preschool Safety 2	
9a   9:30a   10a 11a   11:30a		3:30p   4:30p 5p   6:30p		3:30p   4p   4:30p 5p   6p   6:30p		3:30p   4p 5p   6:00p		3:30p   4:30p 5p   6p   6:30p		3:30p   4p 5p   5:30p		9a   10a 10:30a   11:00a		9:30a   10:00a 10:30a	
Preschool Safety 3		Preschool Safety 3		Preschool Safety 3		Preschool Safety 3		Preschool Safety 3		Preschool Safety 3		Preschool Safety 3		Preschool Safety 3	
9:30a   10:30a 11:30a		4p   5p 5:30p		3:30p   4p 5:30p   6p		4:30p 5:30p   6:30p		4p   5:30p 6p   6:30p		3:30p   4p 4:30p   5:30p		9:30a   10:30a 11a		10a   10:30a 11:30a	
Preschool Safety 4		Preschool Safety 4		Preschool Safety 4		Preschool Safety 4		Preschool Safety 4		Preschool Safety 4		Preschool Safety 4		Preschool Safety 4	
9:00a   10a   10:30a		4p   5:30p   6:30p		5:30p   6:30p   7p		5:30p   6:30p		4:30p   5:30p   6p		4:30p   5:30p		9:30a   10a   11a		10a   11a	
Preschool Safety 5		Preschool Safety 5		Preschool Safety 5		Preschool Safety 5		Preschool Safety 5		Preschool Safety 5		Preschool Safety 5		Preschool Safety 5	
12p		6:30p		5:30p   6p		6:30p		5:30p		5:30p		10a		10a	
Youth Safety Levels								Ages: 7 - 12 years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *		Youth Safety 1 *	
9a   9:30a   10a 11a   12p   12:30p		3:30p   4p   4:30p 5:30p   6p   7p		3:30p   4p   5p 5:30p   6p   6:30p		4p   5p   5:30p 6p   6:30p   7p		3:30p   4p   5p 5:30p   6p   6:30p		3:30p   4p 5p   6p		9a   9:30a   10a 10:30a   11a		9:30a   10a 11:00a	
Youth Safety 2		Youth Safety 2		Youth Safety 2		Youth Safety 2		Youth Safety 2		Youth Safety 2		Youth Safety 2		Youth Safety 2	
9a   9:30a   10a 10:30a   12p   12:30p		3:30p   4:30p 5p   5:30p   6p		3:30p   4:30p 5:30p   6p   6:30p		3:30p   4:30p 5p   6p		3:30p   4p   4:30p 5:30p   6p		3:30p   4p 5:30p   6p		9a   9:30a 10:00a   10:30a		9:30a   10a 11:30a	
Youth Safety 3		Youth Safety 3		Youth Safety 3		Youth Safety 3		Youth Safety 3		Youth Safety 3		Youth Safety 3		Youth Safety 3	
9:30a   10a   10:30a 11:30a   12:30pm		3:30p   4p   4:30p 5:30p   6:30p		4p   4:30p 5:30p   6p   6:30p		4p   5:30p 6p   6:30p		4p   4:30p 5:30p   6p   6:30p		4p   4:30p 5:30p		9a   9:30a 10a   11a		9:30a   10a	
Youth Safety 4		Youth Safety 4		Youth Safety 4		Youth Safety 4		Youth Safety 4		Youth Safety 4		Youth Safety 4		Youth Safety 4	
9a   10a   11a 11:30a		4p   5:30p 6:30p		4p   4:30p 5:30p   6p		4p   4:30p 5:30p   6:30p		3:30p   4:30p 5:30p   6p   6:30p		3:30p   4:30p 6p		9a   9:30a 10:30a   11a		9:30a   11a	
Youth Safety 5		Youth Safety 5		Youth Safety 5		Youth Safety 5		Youth Safety 5		Youth Safety 5		Youth Safety 5		Youth Safety 5	
10:30a   12p 12:30p		5:30p   6p		4:30p   5p 5:30p   6p		4:30p   5:30p 6p		5p   5:30p 6p   7p		4:30p   6p		9a   10a 10:30a   11a		9:30a   11:30a	
Stroke Development Levels								Ages: 4 - 12 years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Stroke Development 6		Stroke Development 6		Stroke Development 6		Stroke Development 6		Stroke Development 6		Stroke Development 6		Stroke Development 6		Stroke Development 6	
10:30a		5p		5p   7p		3:30p   5p		5p   7p		5:30p		9:30a   10a   10:30a		10:30a	
Stroke Development 7		Stroke Development 7		Stroke Development 7		Stroke Development 7		Stroke Development 7		Stroke Development 7		Stroke Development 7		Stroke Development 7	
10:30a		5p		5p   7p		3:30p   5p		5p   7p		5:30p		9:30a   10a		11:00a	
Stroke Development 8		Stroke Development 8		Stroke Development 8		Stroke Development 8		Stroke Development 8		Stroke Development 8		Stroke Development 8		Stroke Development 8	
11a		6p		6:30p		5:30p		6:30p		5p		9:30a   10:00a		10:30a	
Stroke Development 9		Stroke Development 9		Stroke Development 9		Stroke Development 9		Stroke Development 9		Stroke Development 9		Stroke Development 9		Stroke Development 9	
11a		6p		6:30p		6p		6:30p		5p		10:30a   11a		10:30a	
Teen Levels								Ages: 13-17 years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Teen Level 1 *		Teen Level 1 *		Teen Level 1 *		Teen Level 1 *		Teen Level 1 *		Teen Level 1 *		Teen Level 1 *		Teen Level 1 *	
		7p		7:30p		7p		7:30p		6p		10:30a			
Teen Level 2		Teen Level 2		Teen Level 2		Teen Level 2		Teen Level 2		Teen Level 2		Teen Level 2		Teen Level 2	
		6:30p				6:30p				6p		10:30a			
Teen Level 3		Teen Level 3		Teen Level 3		Teen Level 3		Teen Level 3		Teen Level 3		Teen Level 3		Teen Level 3	
										6p		11a			
Teen Level 4		Teen Level 4		Teen Level 4		Teen Level 4		Teen Level 4		Teen Level 4		Teen Level 4		Teen Level 4	
										6p		11a			
Adult Levels								Ages: 18 + years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Adult Level 1 *		Adult Level 1 *		Adult Level 1 *		Adult Level 1 *		Adult Level 1 *		Adult Level 1 *		Adult Level 1 *		Adult Level 1 *	
		7p   7:30p		7:30p		7p   7:30p		7:30p						11a	
Adult Level 2		Adult Level 2		Adult Level 2		Adult Level 2		Adult Level 2		Adult Level 2		Adult Level 2		Adult Level 2	
		7:30p				7:30p				Adult Level 2		Adult Level 2		Adult Level 2	
Adult Level 3		Adult Level 3		Adult Level 3		Adult Level 3		Adult Level 3		Adult Level 3		Adult Level 3		Adult Level 3	
				7:30p				7:30p		Adult Level 3		Adult Level 3		Adult Level 3	
Adult Level 4		Adult Level 4		Adult Level 4		Adult Level 4		Adult Level 4		Adult Level 4		Adult Level 4		Adult Level 4	
				7:30p				7:30p		Adult Level 4		Adult Level 4		Adult Level 4	
Pre-Competition Skills								Ages: 7-12 years old, and 13-18 years old							
Mon - Fri		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		Pre-Comp 1   5:00p Pre-Comp 2   5:45p				Pre-Comp 1   5:45p Pre-Comp 2   5:00p									